



WORKSHOP DESCRIPTION

What you <u>believe</u> about your ability to remember, impacts your <u>ability</u> to remember and ultimately impacts your ability to gain knowledge and learn new skills.

Have you ever been taught how to remember? If you're like most people the answer is "NO". Would improving your memory add value to your work and life? Of course it would!

PURPOSE

To teach individuals how to effectively gain and retain knowledge, improve productivity and focus, and increase their ability to learn more efficiently by teaching them memory skills.

AUDIENCE

For anyone who desires to unleash their own memory power.

LENGTH

One Day - 9:00am - 4:00pm.



Toll Free 1-866-896-1024 within the USA or 1-734-207-5287

OBJECTIVES

At the end of this workshop, participants will be able to:

- · Remember a list of 10 items in order
- · Remember a list of 20 items in order
- Remember a list of 100 items in order
- · Memorize a deck of 52 cards in order
- Improve their ability to remember names & faces
- Learn to count to 100 in Chinese (time permitting)
- · Implement business applications for using these memory techniques

WORKSHOP AGENDA

This course teaches foundational skills necessary for exceptional success in using your memory power. Packed with activities, Memory Power will change your life! The topics that will be covered include:

- Introduction
- Memory Killers
- Scott Hagwood Four-Time USA Memory Champion
- Establishing a Baseline First Memory Test
- FLORIA A Strategy For Memory
- Peg Method
- Roman Room Method
- Memorizing a Deck of Cards
- Names & Faces
- Business Applications
- Counting to 100 in Chinese
- The Final Test



COURSE BENEFITS

You will improve your performance by improving your:

Planning	Memory	Creativity
Mental efficiency	Motivation	Ability to break through mental barriers
Confidence	Concentration	Ability to learn new skills

WHAT IS INCLUDED

- A copy of the book "Memory Power" by Scott Hagwood
- A deck of playing cards
- Handouts
- Elaborate whole-brained room set-up
- Post-course follow up one week after the workshop and again one month after the workshop

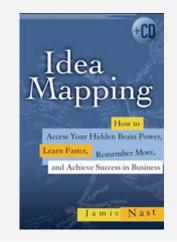
FEES

Organizational workshops are \$2999 (plus travel expenses and shipping) for up to 20 participants and \$75 for each additional person. Overseas workshops will be charged an additional \$1500 for the extra travel time.

DRESS

The dress is casual and comfortable.

To schedule a Memory Power Workshop, call 1-734-207-5287 (toll free within the USA at 1-866-896-1024) or contact us through the <u>contact form</u>.



For questions or more information, please contact: **Jamie Nast** Vice President - NastGroup, Inc. Author of *Idea Mapping* P.O. Box 5313 Plymouth, MI 48170 USA Email: Info@IdeaMappingSuccess.com Website: <u>http://www.ideamappingsuccess.com</u> Blog: <u>http://ideamapping.ideamappingsuccess.com</u>

